



RULE-MAKING ORDER
(RCW 34.05.360)

CR-103 (10/1/89)

Agency: Criminal Justice Training Commission

Permanent Rule
 Emergency Rule

(1) Date of adoption: December 6, 1990

(2) Purpose:
To establish a physical fitness standard as an academy admissions requirement for recruit law enforcement officers.

(3) Citation of existing rules affected by this order:
Repealed:
Amended: 139-05-230
Suspended:

(4) Authority for adoption:
Statute: 43.101.080(2)
Other Authority:

(5.1) **PERMANENT RULE ONLY**
Pursuant to notice filed as WSR 90-21-011 on October 8, 1990 (date).
Describe any changes other than editing from proposed to adopted version:
none

(5.2) **EMERGENCY RULE ONLY**
Pursuant to RCW 34.05.350 the agency for good cause finds:
 (a) That immediate adoption, amendment, or repeal of a rule is necessary for the preservation of the public health, safety, or general welfare, and that observing the time requirements of notice and opportunity to comment upon adoption of a permanent rule would be contrary to the public interest.
 (b) That state or federal law or federal rule or a federal deadline for state receipt of federal funds requires immediate adoption of a rule.

Reasons for this finding:

(5.3) Any other findings required by other provisions of law as precondition to adoption or effectiveness of rule?
 Yes No If yes, explain:

(6) Effective date of rule:
Permanent Rules
 31 days after filing
 Other (specify) *
*(If less than 31 days after filing, specific finding in 5.3 under RCW 34.05.380(3) is required)
Emergency Rules
 Immediately
 Later (specify) 7/1/91

CODE REVISER USE ONLY
CODE REVISER'S OFFICE
STATE OF WASHINGTON
FILED

DEC 17 1990
TIME 9:23 PM
WSR 91-01-043

NAME (TYPE OR PRINT)
James C. Scott

SIGNATURE
James C. Scott

Executive Director

DATE
12/11/90

AMENDATORY SECTION (Amending Order No. 12C filed 6/13/89)
WAC 139-05-230 PHYSICAL REQUIREMENTS FOR ADMISSION TO
BASIC LAW ENFORCEMENT ((ACADEMIES)) ACADEMY. Each
successful applicant for admission to a basic law enforce-
ment academy sponsored or conducted by the Washington
State Criminal Justice Training Commission shall possess
good health and physical capability to actively and fully
participate in ~~((the--physical--activities--required--for
basic--certification---In--addition--to--defensive--tactics,
such--activities--shall--include--a--physical--training--program
geared--to--final--attainment--of--the--instructional--objectives
of--physical--performance--))~~ defensive tactics training and
other required physical activities. In order to minimize
risk of injury and maximize the benefit of such participa-
tion, each trainee in any academy session commencing on or
after July 1, 1991, shall, as a precondition of his or her
academy attendance, demonstrate a requisite level of
physical fitness, as established by the Training
Commission.

For this purpose, each academy applicant shall be
evaluated in the assessment areas of aerobic capacity,
strength, and flexibility, in accordance with the require-
ments and procedures established by the Training
Commission. Such evaluation shall be based upon
performance ratings which are normed to the general
population and appropriately adjusted for consideration of
the age and gender of the applicant.

Failure to demonstrate a requisite level of fitness within
each assessment area will result in ineligibility for
academy admissions and/or attendance.